

Episode 26: Learning to Fly, Part 2

Clip: Performance

Activity: Feedback

Themes: Dance skills, Health and wellbeing

1. As a class, view the clip, *Performance*, and discuss how the costume Tara selected for Act II is considered to be a good luck charm. In preparation for a performance, dancers receive “notes” for improvement on their technique, spacing, interpretation and costumes. The notes are usually factual and specific: “*leg behind your shoulder in the arabesque, look up to the back of the dress circle, anticipate your cue so that you start on time, smile, keep the straight lines during Snowflakes, cut out the last turn in the middle section, etc.*” Notes are not designed to break a performer’s confidence, but if given in the wrong way may do so. Discuss with students ways they have received feedback in the past. Discuss better alternatives to badly delivered feedback.
2. Have the students walk around the room. On your signal they are to find a partner and give each other three outstanding compliments. Repeat the activity several times so that students address at least five different class members. As a class, discuss how it feels to be receiving a compliment and how it feels to give a compliment. Discuss the difference.
3. As a class, list the benefits of receiving constructive, positive feedback.
4. Have students complete a warm-up session. Teach the class the *Circassian Circle Dance* or another simple dance for a medium size group.
5. Divide the class into two groups. Both groups rehearse the dance simultaneously until the majority of students are confident in what to do. Have one group sit and carefully watch the other group perform the dance, writing notes for improvements on **Student Activity Sheet E26.6: Feedback Notes**. After completion of the first performance, the observing group offer their notes to the performers who attempt to incorporate these suggestions into their second performance. The groups now swap roles and the observing group now performs, receives feedback and attempts to incorporate the suggested improvements.

Download

- Student Activity Sheet E26.6: Feedback Notes

Useful resources

- Ausdance Video Segment 12 - Circassian Circle Dance
- Ausdance Video Segment 4 - Safe Warm Up, Basic Contemporary Dance
- [Ausdance Factsheet 7, Safe dance floors](#)
- [Ausdance Factsheet 13, Safe spaces for dance](#)
- [Ausdance Factsheet 11, Producing a dance performance](#)
- [Circassian Circle performance - Authentic Modern Dance Show](#)



NAME:

Student Activity Sheet: E26.6
Activity:

Feedback

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Feedback Notes

When giving notes, it is important to know what you're trying to correct.

1. Before watching the other group, write down a list of things that you think the other group are trying to achieve. Include at least five points to watch for, i.e. straight lines, big smiles.

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| 1. |
| 2. |
| 3. |
| 4. |
| 5. |

2. While watching the group, make some notes of what went wrong and how it could be improved.

| What was wrong | How to improve it |
|----------------|-------------------|
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