

Activity: The Perfect Couple

Theme: Health and Wellbeing

1. As a class, view the clip, *Perfect*. Sammy and Mia were often told that they were the perfect couple. Ask the class, to identify famous 'perfect couples' in the media. Discuss with students what they consider are the characteristics and behaviours of a 'perfect couple'. Ask them to identify what makes them appear 'perfect' to the community at large. Is it power, wealth, beauty, talent, the longevity of their relationship, being royalty, or politics?
2. Have students suggest what pressures are on young people to find a 'perfect' partner? Ask them to provide examples of what they consider are the 'perfect couple' in reality? Ask the students to list:
 - a. the human traits and qualities that are most important to them
 - b. what attributes and characteristics they value most in people
3. Provide time for the students to write a half-page entry to a dating agency using the **Student Activity Sheet E6.8: Dating Agency Advertisement**.
4. Albert Einstein purportedly said "*If you want to live a happy life, tie it to a goal, not to people or things.*" Ask the students to either discuss this statement and its relevance to their ambitions and/or write a short essay as a personal response to the quote.

Download

- Student Activity Sheet E6.8: Dating Agency Advertisement

Useful resources

- [Wikipedia, Albert Einstein](#)
- Search the internet for example media representations of the 'Perfect Couple', 'Celebrity Couples', 'Hottest Couples'. 'Hottest Celebrity Couples,' etc.



NAME:

Student Activity Sheet:
Activity:

E6.8
The Perfect
Couple

Episode 6:
Clip:

Perfection
Perfect

Dating Agency Advertisement

Fill out the following template, imagining that you are writing an advertisement for yourself

Name: _____ Date of birth: _____

Physical description

Height: _____ Build: _____ Eye colour: _____ Hair colour: _____

Interests/Hobbies: _____

Values: _____

Favourites (books/movies/sports/colour/food): _____

What I'm looking for in a boy/girl friend: _____
