

## Teaching Activities Overview

NAME	DESCRIPTION	CURRICULUM LINKS							THEMES			
		The Arts (Dance)	English	Health & Physical Ed.	The Arts (Drama)	The Arts (Media)	The Arts (Visual)	The Arts (Music)	Dance Knowledge	Health & Wellbeing	Dance Skills	Production
The Audition Process	Students create a list of full time dance schools, discuss audition processes, contexts and variations re genre. Design an audition.											
The Audition Form	Students discuss purpose and uses of an audition form. Design an application form.											
Competing for a Place	Students discuss intimidating behaviours, practice positive self-talk.											
Dance Style and Terminology	Students discuss dance styles, create a mind map, select a style and create a glossary of terms.											
Styles of Dance	Students warm up and learn a dance from the Dance Academy website tutorials.											
Cultural Dances	Students discuss cultural dance styles and individual heritages. Plan and teach a cultural dance.											
Pointe Shoes	Students describe footwear for dance, history of the pointe shoe and experience a range of feet and calf strengthening exercises, keeping a record.											
Avoiding Injury	Students discuss safe dance practice and generate a dance injury report.											
Storytelling Using Dramatic Elements	Students create a dance about bullying, perform and direct each other.											
Telling the Story	English skills practices in creating 1-line, 1-paragraph and 1-page synopses.											
Storyboarding	Students create a dance, photograph or draw it and arrange as a storyboard. Extension activity rearranging the elements.											
Trust	Students experience a range of trust activities and rate their levels of trust.											
Unity	Students experience a range of activities and create a dance to be performed in unison. Feedback by peer review.											
Communication	In pairs, students create a phrase of music without the use of speech.											
Males who Dance	Students define the physical advantages for men in dance.											
Leading Men	Students research leading men, place on timeline, select one and research him.											
Haka	Students create their own Haka.											
Making Choices	Students create pros and cons list for a particular course of action. Write letter explaining choice, using argumentative format.											
Dealing with Stress	Students discuss a stressful situation, create a slogan, vote for slogan, create a campaign, pitch the campaign to a panel of experts.											
Healthy Mind, Healthy Body	Students create a feel good dance. Reflect on their feelings before and after.											
The Plot	Students recount the story of Swan Lake in present tense in the style of a news broadcast. Extension activity to film the broadcast.											
Cygnets Dance	Students create a cygnet dance in the style of line dancing. Rate selves using activity sheet.											
Costume	Students create costume designs for their cygnet dance.											
Behind the Scenes	Students discuss behind the scenes roles and duties. Play hot spot role play.											
Theatre Design	Students follow Tara as she moves backstage, map her journey and record/sketch/design the backstage areas.											
Time Calls	Students consider pre-performance processes and relate to time calls.											
What is Perfection?	Students discuss perfection in Western Culture and create a collage of the perfect person.											
The Perfect Couple	Students discuss the ideals of the perfect couple, the pressures this puts on young people, consider their own ideals and write an ad for a dating agency.											
Perfectionism	Students discuss perfectionist traits, self-talk for perfectionists and positive self-talk alternatives.											
The Hip Hop Story	Students learn about the history of hip hop and based on freezes and poses create a simple hip hop phrase.											
Graffiti Dance	Students find examples of graffiti and create a phrase based on graffiti images.											
Hip Hop Fashion	Students create a hip hop fashion show.											

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Space - Body Shape	Body shape is explored through improvisation of shapes – call and response method with reflective activity.											
Space - Spatial Organisation	Students choreograph pathways in space using their initials as impetus.											
Spatial Design	Students learn about symmetry and asymmetry in pairs and as a group. They apply spatial arrangements of groups to an existing dance.											
A Healthy Menu	Students discuss the dietary requirements of an adolescent. Play food group bingo.											
Fad Diets	Students discuss fad diets and develop a fad diet report.											
Eating Disorders	Students discuss the signs of an eating disorder and either write a letter to a friend with body image issues or hold a debate.											
Perfect Minutes	Students discuss a song that resonates with them; try to find a song that resonates for the class.											
Angles	Students learn about camera angles and trial them using phone cameras and other media equipment.											
Dance Video	Students discuss framing and editing, plan camera angles for a dance shoot.											
Pre-performance Nerves	Students identify the symptoms for this kind of stress; learn what causes it and how to manage anxiety related to performing.											
Types of Feedback	Through role play students learn the effectiveness of four forms of feedback.											
Roles in a Film Studio	Students look at roles on set and create a “postcard” of a set and bring it to life for 15 seconds.											
On Tour	Students role play interviewer and artist on tour. Students create a poster advertising an upcoming tour.											
Kat's Choreography	As a whole the class learns a sequence from Kat's routine. They then create variations of this dance sequence.											
Lighting	Students develop a lighting plan and then attempt to realise it via low tech lighting found in and around the school.											
Origins of Contemporary Dance	Students research an Australian modern dance pioneer and construct a timeline of key works.											
Contemporary Dance Companies	Students play Aussie dance map.											
Making New Work	Students learn a range of contemporary dance movements and phrases.											
Improvisation	Students attempt to expand their solo ideas through improvisation techniques.											
One Minute Solo	Students collaborate in pairs as choreographer and dancer to develop a dance solo.											
Turning Snapshots	Students review a variety of turns and construct a visual collage of turns.											
Turning Basics	Students learn some of the basic skills needed for successful turns.											
Turning with a Partner	Students try a few rock'n'roll moves and create a photo wall of fame.											
First Aid	Students consider causes for physical collapse, discuss emergency responses.											
Sugar for the Brain	Students learn about the brain's need for glucose and conduct a sugar taste test.											
Hydration	Students learn about our bodies need for water and calculate the amount of water needed by people according to weight.											
Family Stories	Students recount family stories by creating tableaus.											
Parents - Them and Us	Students consider leisure activities – shared and different using a Venn diagram.											
Family Traditions	Students consider family traditions and create a movement phrase based on action words.											
A Weekly Budget	Students discuss needs and wants and write a family budget.											
Performance Costs	Students plan for a performance and create a budget for it.											

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Fundraising	Students plan a number of fundraising activities to pay for a performance.											
Basic Salsa	Students observe, experience and notate basic salsa moves.											
Salsa - Experimenting with Form	Students improvise with the basic salsa steps.											
Salsa - Take the Lead	Students learn one salsa dance and then swap leading roles.											
Bare Feet	Students discuss the kinds of occupations that focus on feet. They create a script, written/spoken from the foot's point of view as it spends a day dancing in pointe shoes.											
The Foot as a Tool	Students learn about range of motion in the foot and ankle and explore personal range of motion.											
A Shoe Advertisement	Students discuss De Bono's Six Action Shoes and use this information to support the development of a shoe advertisement.											
Benefits of Dance	Students construct a poster advertising the benefits of dance to a target group.											
Planning a Community Dance Program	Students plan a community dance program.											
Evaluating a Community Dance Program	Students decide on the ways in which their program will be evaluated. Design interview questions.											
Background to the Fouette	In one of four groups: historians, researchers, illustrators and tutors, students research and teach a fouette.											
Physical Skill	Students demonstrate existing skill in small groups and collectively construct a group phrase.											
Fear of Falling	Guided improvisation on small shifts of the body that constitute "falling".											
Characters in Dance	Students explore characterisation and learn to generate motifs.											
Shakespeare in Dance	Students research a choreographed work inspired by a Shakespeare play.											
In-situ Dance	Students watch examples of site specific work and generate movement response to alternative locations.											
Body Language	Students recreate the staged fight between Abigail and Sammy with particular attention to body language.											
Choreographing a Fight	Students choreograph a fight scene.											
Tied Together	Practical activity where pairs of students perform activities as one person, taking into account the other's point of view.											
Rivalry	Exploring what friendly rivalry means, students perform and dance battle in a hip hop style.											
Learning a Skill	Students consider the communication skills necessary to teach specific skills.											
Contradictions	Students examine the ways in which behaviours sometimes contradict values.											
Agility, Flexibility and Balance	Students play two games that test agility, flexibility and balance.											
Fitter, Faster, Stronger	Students perform activities from the Ausdance Fitness Test then devise their own speed test.											
Sporty Dance	Students select movement from three different sports and create a dance.											
The Pulse	Students learn to hear and perform to the beat.											
Accent	Students create a phrase and alter it by changing accents.											
Injuries	Students learn about soft tissue injuries and fractures, create an injury report.											

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Dance Careers	Students select and research a dance related career and present this research project as a multimedia presentation.											
Scene 17	Students create a script for one scene.											
Safe Dance Spaces	Students learn what constitutes a safe dance space and carry out a check.											
Rehabilitation	Students carry out the Ausdance Fitness Test focusing on strengths and weaknesses then develop their own fitness plan.											
Free Form	Students participate in a number of small activities leading to hip hop free form (improvisation).											
Jump Thrill	Students explore a range of jumps and observe some jump styles from the internet.											
Jump Safety	Students learn about safe dance practice in relation to jumps.											
Jump for Your Life	Students create a jumping phrase and consider musical implications for different jump speeds.											
Dance Access	Students learn about dance for people of all abilities, watch some clips of companies that specialise in this field and discuss movements seen.											
Floor Dance	Students create a floor phrase where they do not use their hands or stand on their feet.											
Duets	Students prepare a one-minute routine with props.											
Music for Dance	Students learn some movements from the clip, arrange these in an order that they prefer and perform the dance to a range of musical scores.											
Dance without Music	Students develop a dance duet without music by utilising sounds in their immediate environment.											
Dance Boot Camp	Students design and promote a free dance boot camp.											
Force and Flow	Students play two games that explore differences in effort levels when applying force and flow in dance.											
Effort Actions	Students engage in two structured improvisations and create a short phrase based on effort actions.											
Dynamics	Students learn about dynamics and apply these to a learnt phrase.											
The Nutcracker Ballet	Students watch the ballet and write a synopsis of the story.											
The Company Structure	Students learn about the traditions of ballet companies and their hierarchy, and map this structure.											
Safe Stretching	Students learn how, when and why to stretch and create a poster demonstrating understanding of the theory.											
Scheherazade	Students learn about the influence of the Ballet Russes, hear the story of Scheherazade and design a costume for one of the characters.											
Nutcracker Costume	Students select a character from the Nutcracker and design a costume with consideration to the particular movement performed by the dancer in the role.											
Makeup	Students view a number of images of dancers wearing stage makeup. They select or create a character and design makeup for a performance in a large auditorium.											
Superstitions	Students discuss superstitions for good and bad luck and create a phrase from the verbs, nouns and adjectives found in a collection of superstitions.											
Results	Students discuss one character's results failure and write an internal dialogue for her.											
Feedback	Students discuss the giving and receiving of notes for improvement of group and individual performances, learn a dance and practice giving each other notes.											