

Activity: Storyboarding

Theme: Dance skills

Elements of dance: body, space

1. A storyboard is a visual tool to assist film makers and other artists to collect and order their ideas. As a class, view the clip, *The Crush*, and discuss the sequence of shots that make up this clip. Facilitate a whole class discussion with students around any storyboards they may have done or seen (i.e. comic books, graphic novels). Print the three still images from *Dance Academy Episode 3: Behind Barres* which relate to the short clip, *The Crush*, taken from this episode, print the episode 3 script and share these with the class. In small groups, have students create their own storyboards and decide on the order of the stills. Students should also think about what other information should be included? (i.e. length of scene, information on camera angles, lines of the actors as cues?)
2. Have students complete warm-up activities using gentle movements of the joints and major muscle groups, low impact aerobic moves, and gentle stretching.
3. Repeat the 'Emotion Freeze-Frame' game from clip *The Crush*, **Activity: Storytelling Using Dramatic Elements** teacher's activity sheet, using the content from *Dance Academy Episode 3, Behind Barres* as the theme for the emotions used in the game.
4. In pairs, have students choose one emotion and create five different whole body shapes that represent aspects of that emotion. Ask students to create an eight-count phrase. They should make one shape the starting shape and another shape the end shape. Have them arrange the other shapes between this and order them all as 1 - 5. Have students now link the shapes using two or more of the following movements: running, turning, jumping and sliding.
5. Ask students to rehearse their dance, taking care to start with a 'freeze' shape, and end with a 'freeze' shape.
6. Have students take photographs of all five shapes, and photographs of the movements connecting them. They should complete nine photographs all together.
7. Students should then print these images and arrange them, either as hard copies on an A3 piece of paper, or digitally, inserting the images into **Student Activity Sheet E3.3: Storyboarding**
8. Extension activity – Have students rearrange the order of these elements and try to perform them. Ask the students to evaluate: What worked? What didn't? Why?

An alternative to using digital photography is to draw the body shapes and actions by hand, using stick figures or other diagrams, arrows for direction and key words or known terminology (turn, slide, run, leap, hop, skip, jete, etc). This is just as effective for the purposes of storyboarding.

Download

- Student Activity Sheet E3.3: Storyboarding
- Dance_Academy_Series_1_Episode3_still#14
- Dance_Academy_Series_1_Episode3_still#15
- Dance_Academy_Series_1_Episode3_still#16
- *Dance Academy* Episode 3 *Behind Barres* release script.pdf

Useful resources

- Digital camera/s, computer/s and printer/s
- [Dance Academy website \(first year\)](#)
- [Ausdance Factsheet 16, Caring for the dancers body](#)
- [Ausdance Factsheet 10, Warm up and Cool Down Rules for Safe Dance](#)
- [Xinsight, Storyboard Template](#)



NAME:

Student Activity Sheet: E3.3

Episode: Behind
Barres

Activity: Storyboarding

Clip: The Crush

Storyboard

Insert digital images into the storyboard template on the following page. In the bottom third of each storyboard box write 5 – 10 descriptive words that describe the actions, placement and emotion of the dancers.

