Activity: Salsa - Experimenting with Form

Theme: Dance Skills

Elements of dance: body, time, dynamics, relationships

1. As a class, view the clip, Salsa, where Sammy’s students perform many different steps. While Salsa has some key moves, the order and the pathways are not set. Watch the older man dance with Abigail. He leads and makes the dance up as he goes, improvising or experimenting with this form of the dance. The dance is classified as Salsa, mainly due to the style and rhythm of the music and steps.

2. Put the students into pairs and encourage them to experiment and be creative with the salsa steps demonstrated in the clip, while keeping true to the rhythm. Remind them that knowing every step isn’t as important as exploring the possibilities. After 3-5 minutes, ask the students to remember or create at least four different Salsa moves. Demonstrate these new movements to another group and teach them each other pairs’ moves.

3. Ask students to complete a short Salsa dance arrangement to be performed by two pairs.

4. While the selected pairs perform, the rest of the class forms the audience and evaluates how the pairs have incorporated new movements appropriately into the dance style.

5. Each student should use Student Activity Sheet E14.2: Salsa Reflection to evaluate their own and other pairs’ performances.

6. After a class vote for the most effective dance sequence, have the pair teach the other members of the class their routine. Perform this sequence as a whole class.

Download

- Student Activity Sheet E14.2 : Salsa Reflection

Useful resources

- Ausdance Factsheet 7, Safe dance floors
- Ausdance Factsheet 13, Safe spaces for dance
- Ausdance Factsheet 11, Producing a dance performance
- David Letterman: Antonio Banderas and Marianne Hettinger Salsa
- Learn to Dance Salsa: Basic Steps for Beginners
Salsa Reflection

My absolute favourite part of Salsa is:

I enjoy this part because:

I could be even better at Salsa if I:
When performing Salsa I get troubled by:


Because:


The Salsa moves I enjoyed watching the most are:


Because:


Describe here how your Salsa performance went:


