

Episode 18: Betty Bunheads Clip: Operation Scout

Activity: Rivalry

Themes: Dance Skills, Health and Wellbeing

Elements of dance: body, space, relationships

1. As a class, view the clip, *Operation Scout*. With the help of Kat, it is the time for auditioning for summer school at the National Academy of Dance. There are many examples of rivalry throughout this clip and episode. For example, Scout has a healthy appetite for competition and Abigail displays feelings of bitterness and meanness.
2. Discuss with the class the difference between friendly and acrimonious rivalry. Ask them to consider, how does rivalry help us to be a better person? And, how can rivalry damage us? Ask the class to provide examples. Have students complete the list in **Student Activity Sheet E18.1: Rivalry Pros and Cons**.
3. Using a Hip Hop style, complete a warm-up routine with the class. Discuss Hip Hop as a dance style, particularly the battles where one crew will try to outperform another crew.
4. Divide the class into two or four crews. Each crew will create four short choreographic phrases. One for each of the topics that appear below:
 - a. Shows a humorous/comedic focus
 - b. Shows specific skill
 - c. Shows unison
 - d. Shows gestures (such as “tutting” where dancers perform hand and leg actions that are reminiscent of Egyptian freezes)
5. The way these phrases are performed is in the vein of ‘call and response’. One group will perform their unison phrase, then the other will try to outperform them with their unison phrase, this will be followed by the next phrase, and so on. Encourage the students to keep the momentum going, as if the dance was like a conversation. Film the students and play the footage back to each group.
6. Have the students write an evaluation of their contribution to the activity, particularly the choreographic process, rehearsal and performance.

Download

- Student Activity Sheet E18.1: Rivalry

Useful resources

- Ausdance Video Segment 4 - Safe Warm Up, Basic Contemporary Dance.
- Ausdance Video Segment 11 -Basic Mirror Activities.
- Ausdance Video Segment 12 - Circassian Circle Dance.
- Ausdance Video Segment 13 -Ciuleandra Dance.
- [Ausdance Factsheet 16: Caring for the dancer's body](#)
- [Ausdance Factsheet 19: Fuelling the dancer](#)
- [Ausdance Factsheet 11: Producing a dance performance](#)



NAME:

Student Activity Sheet: E18.1
Activity: Rivalry

Episode 18: Betty
Clip: Bunheads
Operation Scout

Rivalry Pros and Cons

Fill in the Pros (the good things) and Cons (the bad things) about rivalry in the table below. There's space for five so make sure you get at least five. Fill out more if you can.

What's Good About Rivalry?	What's Bad About Rivalry?
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.

Comment on your contribution to the Hip Hop activity ...

Making the dances...

How helpful were you?

How could you improve?

What would you do differently next time?

Rehearsing the dances...

How helpful were you?

How could you improve?

What would you do differently next time?

The performance...

How good were you?

How could you improve?

What would you do differently next time?
