

Activity: Kat's Choreography

Theme: Dance Skills

Elements of dance: body, space, time, dynamics, relationships

1. As a class, view the clip, *Miles' Video*, where we see the final cut of Miles' song with Kat's choreography. Ask students to observe the steps that Kat uses and discuss the movement and qualities they see.
2. Have students perform a warm-up session and divide the class into small groups of four or five.
3. Using the clip as a guide, have students select and learn a part of Kat's choreography. Ask students to revise the steps they have seen and practice them independently. In their groups, they should begin to put them together in a sequence of 32 counts (phrase A).
4. Subsequently, ask all groups to use the same steps but reorder them (phrase B).
5. Shape the dance: have all groups perform Phrase A, then Phrase B, and finish with Phrase A.
6. Film this performance and use it as evidence for the students to reflect on and evaluate their own performance and how the sequences worked.
7. Ask students to focus on the design of the dance. They should consider how they could shape the dance so that it has more variation and visual interest. Suggest that they could mix it up a little? They might decide the dance needs a Phrase C or that they could change the arrangements and overall patterns made by the groups.
8. Individually, have students complete **Student Activity Sheet E9.8: Kat's Choreography** and make suggestions for improvement.

Download

- Student Activity Sheet E9.8: Kat's Choreography

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Useful resources

- [Ausdance Factsheet 7, Safe dance floors](#)
- [Ausdance Factsheet 13, Safe spaces for dance](#)
- [Ausdance Factsheet 11, Producing a dance performance](#)
- [Ballet Revolucion, Video highlights](#)



NAME:

Student Activity Sheet: E9.8
Activity: Kat's
Choreography

Episode 9: Heartbeat
Clip: Miles' Video

Kat's Choreography

Using the original choreography, as shown in *Dance Academy*, respond to the following:

- 1) List 5 specific details that you liked about Kat's Choreography.

- 2) What didn't you enjoy about Kat's Choreography? List 3 elements here.

Now, using your version of Kat's choreography, respond to the following:

- 3) What was your favourite change in the choreography and why?

- 4) What else did you like about the new version of Kat's Choreography? List 3 specific details here and explain why.

5) What was your least favourite change to the choreography? State why.

6) What else would you have liked to change?