



## Clip: Dance Training

### Episode 2: Week Zero

#### Activity: Dance Terminology

#### Theme: Dance knowledge

1. As a class, view the clip, *Dance Training*, where Ms Raine explains the curriculum at the National Academy of Dance. This curriculum includes jazz, contemporary, ballet, Hip Hop, and character repertoire amongst other styles.
2. Ask students what they know of the different dance styles. Have students describe a style of dance they are familiar with in their own words. They should include the actions used in the dance, where it might be performed, the costumes, the type of music used, and the general quality of the movements (for instance soft, strong, smooth, percussive, bouncy, gliding, using the floor, defying gravity). Show the class at least five examples of different dance style, if possible.
3. As a class, brainstorm cultural (including Asian and Australian) historical dance styles (for instance belly dancing, gumboot dance, commercial dance, Bollywood, Indian Classical, highland dancing, Irish dancing, folk dances from around the world, Indigenous dances, social dances – cha cha, rock ‘ n roll, zumba), and contemporary dance styles.
4. Using the word *Dance* as the central focus, create a mind map of all of the different dance styles students can think of. Include a brief description of each dance style as part of the mind map.
5. All dance styles have different terminology for specific movements. As a class, watch the clip, *Dance Training*, again. Ask students to select a style offered at the National Academy (this does not necessarily need to be demonstrated in the clip).
6. Ask students to use **Student Activity Sheet E2.1 Dance Style and Terminology** to match dance terms with the genre. Have students use the internet as a research tool to expand this list and create a basic glossary of dance terminology in their selected style. There are useful websites that can support this research listed below. Search for different styles of dance: ballet, jazz, tap, contemporary or modern dance, among others.

**Download:**

- Student Activity Sheet E2.1: Dance Style and Terminology

**Useful resources**

- [Dance Academy website \(Dance Maker\)](#)
- [Glossary of Partner Dance terms](#)
- [Aussie Educator \(Dance\)](#)

NAME: .....

Student Activity Sheet: E2.1 Episode: Week Zero

Activity: Dance Terminology Clip: Dance Training

## Dance Style and Terminology

- Match up the movements in the first and last column with the correct dance style listed in the middle column. Draw arrows to make the correct linkages.

Movement	Dance Style	Movement
Step ball change	Ballet	Arm swings
Spinal roll	Jazz	Pirouette
Freeze	Contemporary	Hand clap
Plié	Character	Pop
Stamp	Hip Hop	High kick

- Can you think of any more terms that are specific to other dance forms? In the table below, write the dance terms along with the dance style they come from. You might have heard these terms in *Dance Academy*, in other dance shows and films, or even from your friends and dance teachers. See if you can come up with some unique ones that others in your class might not know.

Movement name	Dance style	Description of movement
e.g. Shimmy	Belly dance	Swinging the hips rapidly from side to side.
1.		
2.		
3.		
4.		
5.		

Select a dance style that you have heard of but don't know much about. Using the internet, books or general knowledge, create a glossary of terms from that dance style. Put this information in the table below.

### Dance style

Movement name	Description of movement
1.	
2.	
3.	
4.	
5.	