

Episode 23: BFF: Best Friends Forever

Clip: The Music in You

Activity: Dance Boot Camp

Theme: Dance Knowledge

1. As a class, view the clip, *The Music in You*, where Hip Hop and Contemporary moves are blended together and danced to a sound track with strong underlying beats. It shows that dance from one style or genre can be performed to music from another style or culture.
2. For every dance segment filmed on *Dance Academy*, there are numerous rehearsals. Have students look at some of the *Dance Academy* rehearsal footage on the [Dance Academy website \(First Year\)](#), select 'Back Stage' from the menu and select the 'Behind the Scenes' icon. Direct students to the 6th frame across and watch the "*Ballet Boot Camp*" footage. As a class, discuss and analyse the purpose and content of the "*Ballet Boot Camp*". Ask students the following questions:
 - a. When was the boot camp and how long did it last?
 - b. What styles of dance were concentrated on at the camp?
 - c. How was 'acting' addressed at the camp?
 - d. Why was the camp important for the actors?
3. Divide the class into groups of four and ask each group to design and promote their own free Dance Boot Camp. Have students use the **Student Activity Sheet E23.3: Dance Boot Camp Concept** to draft their ideas. Students should consider:
 - a. The message they want to get across about the camp
 - b. The audience for the advertisement
 - c. Information about the camp, e.g. location, duration (weeks, days, and hours), styles of dance covered, and other theatrical forms included, such as Yoga, Pilates, singing, Kabuki, etc.
 - d. What is included and what to bring
 - e. Application process: forms, deadlines, feedback

4. Ask students to design a poster, magazine/newspaper advertisement, or online promotion for their Boot Camp. Have students present their ideas to the class. You could also organise for students to vote on which Boot Camp they would prefer to go to.

Download

- Student Activity Sheet E23.3: Dance Boot Camp Concept

Useful resources

- [Ausdance Factsheet 11: Producing a dance performance](#)
- [Dance Academy website \(First Year\) – Ballet Boot Camp Video Clip](#) (select 'Back stage' from the menu and select the 'Behind the Scenes' icon. Direct students to the 6th frame across and watch the "Ballet Boot Camp" footage).



NAME:

Student Activity Sheet:
Activity:

E23.3
Dance Boot
Camp
Concept

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Clip:

BFF: Best Friends Forever
The Music in You

Dance Boot Camp Concept

Use the following questions to help your Dance Boot Camp win the most votes and be voted
'the best dance boot camp.'

What are the *benefits* of your dance boot camp?

Why is your camp *better* than any other dance boot camp?

How is your camp *different*?

What amazing things have happened to previous participants of your camp?

Are there any other points that make your camp better than the rest? List them here.
